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The Mommy Brain How Motherhood

Generations of mothers have been told -- and believed -- that having a baby means checking their own brains at the delivery room door. "The Mommy Brain" usually refers to a head full of feeding times, soccer schedules, and nursery rhymes, at the expense of creative or challenging ideas.

The Mommy Brain: How Motherhood Makes Us Smarter by ...

Author Kathrine Ellison has written a wonderfully insightful and

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book, "The Mommy Brain." "The Mommy Brain" uses documented neuroscience research to dispels antiquated ideas that mothers are somehow less intelligent than women with no children.

The Mommy Brain: How Motherhood Makes Us Smarter: Ellison ...

Author Kathrine Ellison has written a wonderfully insightful and book, "The Mommy Brain." "The Mommy Brain" uses documented neuroscience research to dispels antiquated ideas that mothers are somehow less intelligent than women with no children. Ellison eloquently illustrates the many ways that women are positively impacted by having children.

Amazon.com: The Mommy Brain: How Motherhood Makes Us ...

The brain also contains white matter, which insulates the axons,

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helping brain signals travel further, faster and encouraging motor and sensory function. In Dr. Hoekzema's study, the white matter...

This Is Your Brain on Motherhood - The New York Times

Motherhood doesn't just influence a mom's brain — her mothering behaviors may have a lasting impact on her child's brain. In a 2009 study published in the journal *Neuropsychopharmacology*,...

How Motherhood Changes the Brain | Live Science

Author Kathrine Ellison has written a wonderfully insightful and book, "The Mommy Brain." "The Mommy Brain" uses documented neuroscience research to dispels antiquated ideas that mothers are somehow less intelligent than women with no children. Ellison eloquently illustrates the many ways that women are positively impacted by having children.

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The Mommy Brain: Ellison, Katherine: 9780465019069: Amazon ...

"Our most recent research shows that previous motherhood alters cognition and neuroplasticity in response to hormone therapy, demonstrating that motherhood permanently alters the brain," the lead...

Study tests the truth behind "mom brain" - CBS News

The researchers found increased activity in the amygdala — the part of the brain responsible for emotional processing — in both mothers and fathers who were their babies' primary caregivers. In...

The Science of "Mom Brain" | Psychology Today

"Mommy brain" quickly became part of my vocabulary. If I left out an ingredient: mommy brain! When I forgot to return a call:

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mommy brain! My new mom friends nodded in vigorous camaraderie, easing my aching loneliness. I might be spending most of my hours on my couch with a wordless creature, but I had company out there.

Why I don't like the phrase "mommy brain"

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WEST LAFAYETTE, Ind. — “Mommy brain” is a long-held perception that mothers are more forgetful and less attentive.

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"In most studies, however, attention and memory tests are given to mothers very early postpartum," said Valerie Tucker Miller, a Ph.D. student in Purdue University's Department of Anthropology department.

Does 'mommy brain' last? Study shows motherhood does not ...

Saying motherhood isn't what you thought it would be doesn't make you a bad mom." - Ravelle Worthington, Mommy Brain Founder You are not alone in these feelings. Use our postpartum mood and anxiety disorders (PMAD) guide to learn symptoms and get answers to commonly asked questions.

Mommy Brain - A New Kind Of Village For Today's Mom

A working mother of two boys, Katherine Ellison gives us The Mommy Brain: How Motherhood Makes Us Smarter. "A modern affliction called "Mommy Brain" she writes, "is a cheerful

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synonym for abrupt mental decline.

Book Review - The Mommy Brain: How Motherhood Makes Us ...

“Mommy brain” is a long-held perception that mothers are more forgetful and less attentive. “In most studies, however, attention and memory tests are given to mothers very early postpartum,” said Valerie Tucker Miller, a Ph.D. student in Purdue University’s Department of Anthropology department.

Does 'mommy brain' last? Study shows motherhood does not ...

Entering into motherhood is "a major event" for the brain, says Jodi Pawluski, a researcher at University of Rennes 1 in France who focuses on what she and her colleagues call the "neglected...

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How motherhood changes the brain

It's easy to laugh off such lapses as "mommy brain," but there remains a cultural belief that pregnancy and child care impact a woman's cognition and mental life, long after a baby is born. Women...

Reframing 'Mommy Brain' - The New York Times

Product Information In The Mommy Brain, Katherine Ellison reveals the ways that women get smarter after having kids. Motherhood makes women more perceptive, efficient, resilient, motivated, and emotionally intelligent -- all of which adds up to tremendous mental enrichment and effectiveness.

The Mommy Brain : How Motherhood Makes Us Smarter by ...

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